

भारत सरकार / GOVERNMENT OF INDIA रक्षा मंत्रालय / MINISTRY OF DEFENCE आयुध निर्माणी बोर्ड / ORDNANCE FACTORY BOARD १० ए, एस.के.बोस रोड / 10A, S. K. BOSE ROAD कोलकाता – ७०० ००१ / KOLKATA – 700 001

स्वास्थ्य विभाग / MEDICAL DIVISION



TEL: (033) 2243 9112 Comnet: <u>sk.sachind@ofb.net</u>; email: <u>ddhs-ofb.ofb@ofb.gov.in</u> No. 020/OHC/CD/COVID-19/Per/M

FAX: (033) 2248 6514

Dated: 18-03-2020

Sub: COVID-19 – Advisory regarding usage of Masks.

Ref: OFB letters of even No. dated 06-03-2020, 10-03-2020, 17-03-2020 (02) & 18-03-2020.

As per feedback received from various Units over the past week, it is seen that there is confusion/ignorance/false beliefs in as far as usage of masks is concerned in the setting of the prevailing pandemic. In this context, the following un-equivocal guidelines may be noted by all concerned and disseminated to the dependent population through suitable means:

- 1. The general population need not wear any kind of mask.
- 2. People with cough, cold, running nose, sore throat, viral fever, viral myalgia etc. are required to wear a two/three layered mask when coming to Hospital to seek Medical help/when interacting/in company of/mingling with others.
- 3. Doctors/Nurses/Paramedical Staff handling/examining/treating such cases as at (2) above, are advised to wear a two/three layered mask as available.
- Only strongly suspected/confirmed cases of COVID-19 are required to wear N-95 mask.
- 5. On date, cases as at (4) above, are to be straight away referred to the designated nodal Hospital in that region/district. Hence, on date, there is no requirement for N-95 masks in O. F. Hospitals. However, since the pandemic is evolving, required/reasonable stocks may be maintained.
- 6. In as far as proper usage & disposal of two/three layered masks are concerned, the following techniques though well known to all Medical /Nursing and Paramedical Staff is being reiterated for reference purpose:
 - a. Unfold the mask in such a way that the pleats of the mask face downwards.
 - b. The mask should be placed on the face in such a way that it covers the lower $^{2}/_{3}$ of the nose, whole of the mouth & chin. Tie the straps/bands in such a way that it fits snugly but not too tight or not too loose.
 - c. Do not touch the body of the mask with hands/finger, arms, elbow etc. whilst using it.
 - d. Do not leave the mask hanging from below the chin/from the neck. It defeats the very purpose of using it.

- e. Two/three layered masks can be used for a maximum of 6 hrs. However, on soiling/become wet/damp, it should be changed.
- f. While removing the mask, make sure that you do not touch the body of the mask, especially the outer surface.
- **g.** After removal, dispose it in a covered Bin as per BMW guidelines. Disinfect the used masks before disposal if feasible.
- h. After removal and disposal of a mask, make sure that hands are washed well with soap & running water for 20 seconds.
- i. Never, ever reuse a disposable mask under any circumstances.

(It is reiterated that on date, the general population NEED NOT wear any kind of mask)

Senior General Manager/General Managers along with the Medical Officers In-Charge may also consider providing local language/Hindi versions of the information as enumerated above as deemed necessary in context of the social milieu of the Units.

18/03/2020

DR. S. K. SACHIND DDHS(SG) FOR DGOF & CHAIRMAN

<u>To:</u>

The Senior General Manager/General Manager All Factories

Copy to:

The Medical Officers In-Charge All Hospitals & Independent Health Clinics

{For kind information & action please}